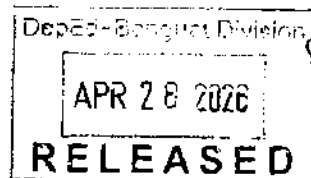




Republic of the Philippines  
**Department of Education**  
Schools Division of Benguet

27 April 2026

**DIVISION MEMORANDUM**  
No. 143 s. 2026



**PARTICIPATION IN THE BASIC TRAINING ON SCREENING, BRIEF INTERVENTION, AND REFERRAL TO TREATMENT (SBIRT) FOR DEPED HEALTHCARE WORKERS**

To: Schools District Supervisors, Coordinating Principals  
Heads, Public Elementary and Secondary Schools  
School/District Nurses Concerned  
School Health and Nutrition Unit Personnel

1. The DOH-Center for Health Development - CAR, in coordination with the Schools Division of Benguet, will conduct **Basic Training on Screening, Brief Intervention, and Referral to Treatment (SBIRT)** in line with the Department of Health's 6th Action Agenda, "Ginhawa ng Isip at Damdamin," and DOH Administrative Order No. 2019-0021,
2. The following personnel are identified as participants and are required to attend:
  - **All SDO Benguet Nurses**
  - **Division Medical Officer**
  - **Rolando F. Malafu (RGC, Cordillera Regional SHS)**
  - **Tina C. Dolnagon (RGC, La Trinidad NHS)**
  - **Jill Harriette P. Guanso (Guidance Associate, TSHI)**
3. The training is scheduled for **May 11-15, 2026** (inclusive of travel days) in **Baguio City**. The specific hotel venue shall be announced through a subsequent advisory.
4. This activity aims to equip DepEd healthcare workers with the skills to use the ASSIST tool for substance use screening.
5. This memorandum shall serve as the **Travel Authority for the identified personnel**.



Address: Wangaj, La Trinidad, Benguet  
Telephone Number: (074) 422-6570  
Email: [benguet@deped.gov.ph](mailto:benguet@deped.gov.ph)  
Facebook Page: DepEd Tayo Benguet





Republic of the Philippines  
**Department of Education**  
Schools Division of Benguet

---

6. Board and lodging, meals, snacks, and training materials shall be provided by the DOH-CHD-CAR. However, travel and incidental expenses shall be charged to local funds, subject to usual accounting and auditing rules and regulations.
7. For information, guidance, and compliance.

**CARMEL F. MERIS**  
Assistant Schools Division Superintendent  
Officer-in-Charge *CM*  
Office of the Schools Division Superintendent



Address: Wangal, La Trinidad, Benguet  
Telephone Number: (074) 422-6570  
Email: [benguet@deped.gov.ph](mailto:benguet@deped.gov.ph)  
Facebook Page: DepEd Tayo Benguet

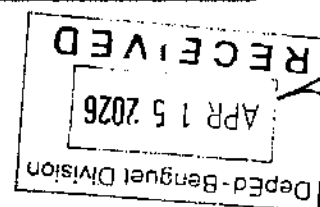
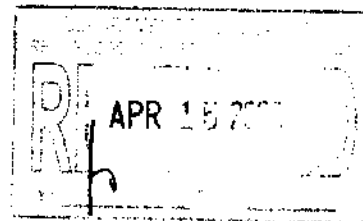


Imagery Data Accomplishment Model Advancement Future Excellence





Republic of the Philippines  
**Department of Education**  
 CORDILLERA ADMINISTRATIVE REGION



**1<sup>st</sup> Endorsement**  
 April 14, 2026

Respectfully referred to **CARMEL F. MERIS**, Officer-in-Charge, Office of the Schools Division Superintendent, Schools Division of Benguet, the herein attached **INVITATION FOR MEDICAL OFFICER, NURSES, GUIDANCE COUNSELORS AND ASSOCIATES TO ATTEND THE BASIC TRAINING ON SCREENING, BRIEF INTERVENTION, AND REFERRAL TO TREATMENT (SBIRT)** on May 11 to 15, 2026 for her appropriate action.

**NICOLAS T. CAPULONG PhD, CESO III**  
 Director IV/ Regional Director

For the Regional Director:

**RONALD B. CASTILLO**  
 Assistant Regional Director

*ESSD/GCD/ly/ invitation to attend SBIRT*  
 April 14, 2026



**Address:** Wangal, La Trinidad, Benguet, 2601  
**Telephone No:** (074) 422 - 1318  
**Email Address:** car@deped.gov.ph  
 DepEd Tayo <https://depedcar.p>



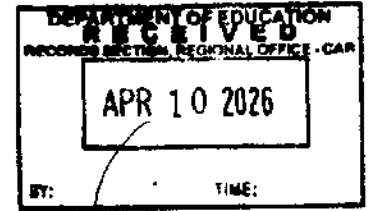


Republic of the Philippines  
**Department of Health**  
**CENTER FOR HEALTH DEVELOPMENT**  
**Cordillera Administrative Region**



36HMC Compound, Baguio City 7600  
 ● TELEPHONE No.: 674-442-8096 ● EMAIL: chd\_cordillera@yahoo.com.ph ● WEBSITE: www.cdr.doh.gov.ph

08 April 2026



**DIR. NICOLAS T. CAPULONG**  
 Regional Director  
 Department of Education - Cordillera Administrative Region

Attn: **CARMEL F. MERIS**  
 Chief Education Supervisor  
 Office of the Schools Division Superintendent  
 Schools Division Office - Benguet

Dear **Director Capulong**:

The Department of Health's 6th Action Agenda, "Ginhawa ng Isip at Damdamin", aims to ensure accessible, integrated and quality mental health and psychosocial services to promote wellbeing and address mental, neurological and substance use conditions across all levels of care together with DOH Administrative Order No. 2019-0021, which stipulates that screening services must be made available at every primary health facility, conducted confidentially by trained health care workers using the ASSIST tool—highlighting the importance of SBIRT training.

Relative to these policies and in fulfillment of the mandates of the Department of Health - Center for Health Development Cordillera Administrative Region in community-based drug rehabilitation, the Substance Use Prevention and Control Program will be conducting the **Basic Training on Screening, Brief Intervention, and Referral to Treatment (SBIRT)** for DepEd healthcare workers deployed to DepEd schools under DepEd SDO Benguet on **11-15 May 2026 (inclusive of travel days)** in **Baguio City**. The specific hotel shall be announced through an advisory.

May we then invite **DepEd Health Workers/Personnel** (nurses, medical officers and guidance counselors/associates) from SDO Benguet to be participants for this training? Nomination of target participants shall be determined through this link: [\[Link\]](#) through the facilitation of SDO Benguet.

Board and lodging, meals, snacks, and training materials will be provided by this Office for the **nominated participants** during the duration of the activity. However, transportation and other allowable expenses of the participants will be shouldered by the sending office. **Please note that only nominated participants can be accommodated for the activity.**



The round metal gong of the Cordillera known locally as "gongga" is a symbol of the upland peoples culture that has been passed on from generations to another. The profile of a person blowing a "tanggayub" represents community being called for an important matter or action. The lines that shape the mountains, the rice terraces, clouds and rivers symbolize the connectivity and flow of human interaction in a geographic area such as the Cordillera. All the symbols combined represent unity and harmony of its people with culture and environment in availing the gong for self-determination.





Republic of the Philippines  
Department of Health  
CENTER FOR HEALTH DEVELOPMENT  
Cordillera Administrative Region



BAGONG PILIPINAS

BGHMDC Compound, Baguio City 2600  
● TELEPHONE No. 074-442-8098 ● EMAIL [chd\\_cordillera@yahoo.com.ph](mailto:chd_cordillera@yahoo.com.ph) ● WEBSITE [www.caro.doh.gov.ph](http://www.caro.doh.gov.ph)

Additionally, to ensure proper and faster communication regarding the details of the training, may we request that these participants from your Office join a Facebook-Messenger GC by visiting this link: <https://www.facebook.com/groups/1000000000000000>

For inquiries and other concerns, **Dr. Kensha Andrea B. Gardingan, Medical Officer III** and manager of the Substance Use Prevention and Control Program is available to provide assistance. You may reach through email at [dohearsupcp@gmail.com](mailto:dohearsupcp@gmail.com), copy furnished to [kabgardingan@gmail.com](mailto:kabgardingan@gmail.com), or through mobile number at **09480752460**.

Thank you for your commitment to advancing mental health.

Truly yours,

  
**AMELITA M. PANGILINAN, MD, MPH, CESO III**  
Director IV



The round metal gong of the Cordillera known locally as "gangsa" is a symbol of the upland peoples' culture that has been passed on from generations to another. The profile of a person blowing a "tanggayub" represents community being called for an important matter or action. The lines that shape the mountains, the rice terraces, clouds and rivers symbolize the connectivity and flow of human interaction in a geographic area such as the Cordillera. All the symbols combined represent unity and harmony of its people with culture and environment in beating the gong for self-determination.

